CARER GROUPS
Carers of Adults with Learning Disability and Autistic Spectrum Conditions

Horsham - Learning disability and autistic spectrum conditions
Horsham Hospital (Club Room), Hurst Road, Horsham, RH12 2DR
First Tuesday of the month, 10.30am to 12.30pm

Worthing - Autistic spectrum conditions
CSWS Office (Pavilion Room), 19 Liverpool Gardens, BN11 1RY
Fourth Friday of the month, 10.30 am to 12 noon

Worthing - Learning disability
The Sydney Walter Centre (The Art Room), Sussex Road, Worthing, BN11 1DS
Second Tuesday of the month, 10.15am to 11.45am

Shoreham - Learning disability and autistic spectrum conditions
The Shoreham Centre (Room 7), 2 Pond Road, Shoreham by Sea, BN43 5WU
Last Friday of the month, 10.00am to 12 noon

Chichester - Learning disability and autistic spectrum conditions
New Park Community Centre, New Park Road, Chichester, PO19 7XY
First Tuesday of the month, 10.30am to 12 noon

East Grinstead - Learning disability and autistic spectrum conditions
Jubilee Community Centre, Charlwoods Road, East Grinstead, RH19 2HL
Second Wednesday of the month, 11.00am to 12.30pm

Bognor Regis - Learning disability
The Laburnum Centre (Age UK), Lyon Street, Bognor Regis, PO21 1UX
Last Tuesday of every month, 10.00am to 11.30am

Please Note: Group times subject to change, please check our website for updates or call us.

Visit www.carerssupport.org.uk
Email info@carerssupport.org.uk
Call 0300 028 8888

Follow our social media channels to stay up to date with wellbeing information and groups:
facebook.com/CarersWSussex
@carerswsussex
@carersSWS
carerssupportwestsussex

Registered Charity No. 1123359
Company No. 6418743