

# CSWS Carers Strategy Refresh

In December 2019, a project team was formed combining resources at Carers Support West Sussex (CSWS) and West Sussex County Council (WSCC). The aim was to engage with carers and stakeholders in West Sussex, using a mix of surveys and focus groups to discover, 'what carers want locally'.

## **The research findings told us that carers and stakeholders, in West Sussex, are calling for:**

- Carers to be identified, involved, and valued
- Greater choice and control to help maintain a balanced life and care well
- Improved social opportunities for Young Carers
- Independent carer advocacy support
- Carers to be supported at each stage of the caring journey
- Connecting carers to peer to peer support and learning
- Reducing the financial hardship
- Inclusive support for seldom heard carer communities
- Support for working carers from employers

The final Carer Strategy will be ready for final agreement by our Board of Trustees in Autumn 2021.

Read our [Primary Research Insight Report](#) to view information into carer insights, including a summary of carer-led discussions testing the strength of the above recommendations.

Read the [Secondary Data Research Report](#), which involved pulling together 13 reports and surveys on a local and national level to paint a full picture on the state of care.