

# Sussex Carers Partnership | Your Views Explored

As part of the Sussex Carers Partnership, we were commissioned by the Sussex Clinical Commissioning Groups (CCGs) to undertake a research project to gather the experiences of carers pan Sussex in relation to health and care during the COVID-19 pandemic.

On March 24, the research findings, along with six carer-informed recommendations, were presented at a webinar, which was attended by carers and key decision makers from the NHS, CCG, and local Commissioning Managers for each county.

The plenary session that followed the research findings prompted a debate around the strength and soundness of the six recommendations. And whilst it was encouraging to hear the Research Report described as a 'mandate for change' in improving the health inequalities carers face. There is of course further work to be undertaken by the NHS and CCG to determine the feasibility of implementing the recommendations across Sussex in a timely manner so not to lose the momentum of this work.

A huge thank you to our counterparts at The Carers Centre for Brighton and Hove and Care for Carers (East Sussex) in delivering this collaborative project, and the family and friend carers who gave up their time to be involved.

[Read the Report: Research into Sussex Carers Experiences of Health Care](#)

[Read Summary of Discussions from Webinar](#)

[View the Webinar slideshow](#)