



# Carer Emergency Contact Card



**Help for carers in an emergency**



The **Carer Emergency Contact Card (CECC)** helps carers in emergencies.

If you are in an **accident or become unwell**, the card helps others know you are a carer.



The CECC supports West Sussex carers **in emergencies**.

Carers Support West Sussex and Taking Care set up the CECC.



Each card has a special number linked to Taking Care's **Emergency Resolution Team**.

They can **call your emergency contacts** if needed.



This service is available all day, every day.



To get a card, you must register with **Carers Support West Sussex**.



After registering, you can fill out a **referral form**. This form asks for **important information** about you and the person you care for.



Once your form is complete, Carers Support West Sussex will send your personal **CECC card by post**.

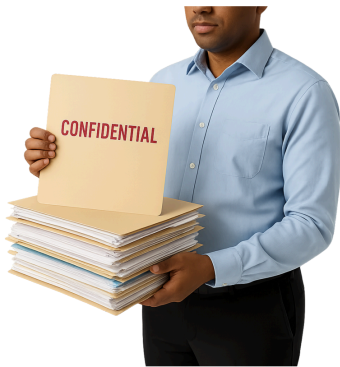


If you are not registered with Carers Support West Sussex, you can register by **calling us or using the form on our website**.



## Always carry your CECC.

It tells others someone depends on you if you can't speak.



The card does **not use any personal details**. This means your information is confidential.

You get a **unique ID number** with your card.



For more information about the CECC and its terms and conditions, visit the **Carers Support website**.

**You can also call us or send us an email.**



## Contact Us

Phone: 0300 028 8888

Email: [info@carerssupport.org.uk](mailto:info@carerssupport.org.uk)

Website:

[www.carerssupport.org.uk](http://www.carerssupport.org.uk)



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